CBSC Development Water Polo 2024

Development WATER POLO (2 GROUPS)

- 1. 10U born 2014/2015
- 2. Splashes Program born 2016/2017

Please note BCSSA has changed their age categories for the 2024 water polo season, please register your child by their birth year.

<u>10U Training Days</u> (once a day/4 days a week): All developmental players **must be able to swim 25 meters**. 10U's practice will be divided equally between the small pool and the big pool. Kids must **be able to tread water on their own** in the big pool.

• Monday/Tuesday/Thursday/Friday 3:30-4:15 pm or 4:00 - 4:45 pm

The U10 sessions will be 45 minutes in the afternoons, M/T/Th/F. Fee: \$85/month

<u>Splashes Training Days</u> run twice a week for 30 minutes spent in the shallow water pool. The program introduces swimming skills, ball handling skills, and basic water polo game knowledge.

- Class 1: Monday, Thursday 2:00-2:30pm
- Class 2: Tuesday, Friday 2:00-2:30pm
- Class 3: Monday, Thursday 2:30-3:00pm
- Class 4: Tuesday, Friday 2:30-3:00pm

Fee: \$65/month

The Crescent Beach Swimming Club will be hosting its annual10U/12U/14U Water Polo Tournament on Wednesday July 24. The tournament will be fun and we encourage all 10U players to attend. David McCallum will be our tournament coordinator this year, please contact him if you have any questions or are able to help out at dwmccallum@hotmail.com

Welcome back to CBSC summer Water Polo!

Head Water Polo Coach: Harry Gibson

Coaches: Klein Mcevoy, Bernie Patterson-Ott, Liam Brewster, Sloan Jorgensen